

Student's Name: _____ Teacher: _____

Total Regular Lunches: _____ Total Meatless/Vegetarian Lunches: _____

This order form is due by **9-22-2015** Mark your option next to the date.

R for Regular meal, **ALT** for Meatless/Vegetarian meal



Odyssey

October 2015

HOT LUNCH

Price: Student - \$3.10

SERVED DAILY AT EVERY MEAL

Regular Entrée and/or Meatless/Vegetarian Alternate Entree
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean
 Low Fat Dressing/Dip
 Fresh Veggies - Carrots, Broccoli, Cucumber, Zucchini, OR Tomatoes
 Fresh Fruit - Apple, Orange, OR Banana
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1st	2nd
			Buffalo Chicken Hoagie Deli Coleslaw Salad, Veggies, Fruit, Milk ALT - Frijoles Veggie Hoagie	Swedish Meatballs w/ Brown Rice Salad, Veggies, Fruit, Milk ALT - Vegetarian Meatballs
5th	6th	7th	8th	9th
Beef Stroganoff w/ Rotini Noodles Salad, Veggies, Fruit, Milk ALT - Tofu Stroganoff	BBQ Chicken Leg Baked Beans & Roll Salad, Veggies, Fruit, Milk ALT - Italian Cheese Sandwich	Beef & Bean Chili Corn Muffin Salad, Veggies, Fruit, Milk ALT - Three Bean Chili	Hot Salami Hoagie Potato Salad Salad, Veggies, Fruit, Milk ALT - Mock Tuna Hoagie	Chicken Chowmein Asian Rice Salad, Veggies, Fruit, Milk ALT - Veggie Chowmein
12th	13th	14th	15th	16th
Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk ALT - Same	Chicken Rosemary Soup Soft Breadstick Salad, Veggies, Fruit, Milk ALT - Vegetable Rosemary Soup	No School	No School	No School
19th	20th	21st	22nd	23rd
Mexican Chicken Pasta Dinner Roll Salad, Veggies, Fruit, Milk ALT - Mexican Pasta	Beef Gyro Rice Pilaf Salad, Veggies, Fruit, Milk ALT - Hummus w/ Pita	White Chicken Chili Corn Muffin Salad, Veggies, Fruit, Milk ALT - White Bean Chili	Mac & Cheese Garlic Breadstick Salad, Veggies, Fruit, Milk ALT - Same	Italian Chicken Sandwich Potato Wedges Salad, Veggies, Fruit, Milk ALT - Italian Cheese Sandwich
26th	27th	28th	29th	30th
Beef Chop Suey Steamed Rice Salad, Veggies, Fruit, Milk ALT - Tofu Chop Suey	Chicken Santa Fe Wrap Baked Chips w/ Bean Dip Salad, Veggies, Fruit, Milk ALT - Santa Fe Cheese Wrap	Italian Pasta & Meatsauce Dinner Roll Salad, Veggies, Fruit, Milk ALT - Cheese Penne	Chicken & Vegetable Soup Corn Muffin Salad, Veggies, Fruit, Milk ALT - Vegetable Soup	BBQ Beef Hoagie Potato Salad Salad, Veggies, Fruit, Milk ALT - Mock Tuna Sandwich

BREAKFAST

Price: Student - \$2.00

SERVED DAILY AT EVERY MEAL

Fruit Juice - Apple, Orange, or Grape
 Variety of Milk, including Skim

Breakfast Loaf Hard Boiled Egg Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Whole Grain Bagel PB & Cream Cheese Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

The USDA is an equal opportunity provider and employer.

Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food that helps teach the right message to children

ANY QUESTIONS? CONTACT:

School Office @ 763-971-8200 or
 DONE RIGHT FOOD @ 763-789-4493 or
 www.donerightfood.com