

Student's Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Total Regular Lunches: \_\_\_\_\_ Total Meatless/Vegetarian Lunches: \_\_\_\_\_

This order form is due by **8-17-2015** Mark your option next to the date.

**R** for Regular meal, **ALT** for Meatless/Vegetarian meal



# Odyssey

## August/September 2015

### HOT LUNCH

Price: Student - \$3.10

**SERVED DAILY AT EVERY MEAL**

Regular Entrée and/or Meatless/Vegetarian Alternate Entree  
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean  
 Low Fat Dressing/Dip  
 Fresh Veggies - Carrots, Broccoli, Cucumber, Cauliflower, Celery, OR Tomatoes  
 Fresh Fruit - Apple, Orange, Banana, Cantaloupe, Grapes, OR Pear  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
August 31st	1st	2nd	3rd	4th
Beef & Vegetable Soup Soft Breadstick Salad, Veggies, Fruit, Milk ALT - Vegetable Soup	Chicken & Cheese Burrito Refried Beans Salad, Veggies, Fruit, Milk ALT - Cheese Burrito	Beef Mostaccioli Dinner Roll Salad, Veggies, Fruit, Milk ALT - Cheese Mostaccioli	Chicken Philly Potato Wedges Salad, Veggies, Fruit, Milk ALT - Egg & Cheese Biscuit	<b>No School</b>
7th	8th	9th	10th	11th
<b>Labor Day</b>	BBQ Beef Sandwich Roasted Potatoes Salad, Veggies, Fruit, Milk ALT - Mock Tuna Sub	Chicken Alfredo Wheat French Bread Salad, Veggies, Fruit, Milk ALT - Cheese Alfredo	Swedish Meatballs w/ Brown Rice Salad, Veggies, Fruit, Milk ALT - Vegetarian Meatballs	Cheesy Breadsticks w/ Bean Dip Salad, Veggies, Fruit, Milk ALT - Same
14th	15th	16th	17th	18th
Vegetable Beef Stew Corn Muffin Salad, Veggies, Fruit, Milk ALT - Veggie Bean Stew	Chicken Santa Fe Wrap Black Beans Salad, Veggies, Fruit, Milk ALT - Santa Fe Cheese Wrap	Italian Pasta w/ Meat Sauce Whole Wheat Breadstick Salad, Veggies, Fruit, Milk ALT - Cheese Penne	Teriyaki Chicken Leg Potato Salad & Roll Salad, Veggies, Fruit, Milk ALT - Egg Salad Hoagie	Grilled Cheese Sandwich Tomato Soup Salad, Veggies, Fruit, Milk ALT - Same
21st	22nd	23rd	24th	25th
Beef & Broccoli Stir Fry Steamed Rice Salad, Veggies, Fruit, Milk ALT - Tofu Stir Fry	Mac & Cheese Garlic Breadstick Salad, Veggies, Fruit, Milk ALT - Same	Roasted Turkey Mashed Potatoes & Biscuit Salad, Veggies, Fruit, Milk ALT - Dijon Mock Tuna Sand	Philly Cheesesteak Baked Beans Salad, Veggies, Fruit, Milk ALT - Grilled Cheese	White Chicken Chili Corn Muffin Salad, Veggies, Fruit, Milk ALT - White Bean Chili
28th	29th	30th		
Steak & Cheese Stuffed Baked Potato & Roll Salad, Veggies, Fruit, Milk ALT - Bean & Cheese Potato	Chicken Taco Black Beans Salad, Veggies, Fruit, Milk ALT - Cheese Quesadilla	Beef Lasagna Soft Breadstick Salad, Veggies, Fruit, Milk ALT - Cheese Lasagna		

### BREAKFAST

Price: Student - \$2.00

**SERVED DAILY AT EVERY MEAL**

Fruit Juice - Apple, Orange, or Grape  
 Variety of Milk, including Skim

Breakfast Loaf Hard Boiled Egg Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Whole Grain Bagel PB & Cream Cheese Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

*The USDA is an equal opportunity provider and employer.*

**Our Commitment**

**“Healthy Food, Healthy Message”**

We provide wholesome, delicious, real food that helps teach the right message to children

**ANY QUESTIONS? CONTACT:**

School Office @ 763-971-8200 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)