

Student's Name: \_\_\_\_\_ Teacher: \_\_\_\_\_

Total Regular Lunches: \_\_\_\_\_ Total Meatless/Vegetarian Lunches: \_\_\_\_\_

This order form is due by **12-17-2014** Mark your option next to the date.

**R** for Regular meal, **ALT** for Meatless/Vegetarian meal



# Odyssey

## January 2015

### HOT LUNCH

**Price: Student - \$3.10**

**SERVED DAILY AT EVERY MEAL**

Regular Entrée and/or Meatless/Vegetarian Alternate Entree  
 Fresh Green Salad - Garden, Caesar, Spinach Mix, Oriental, OR Mediterranean  
 Low Fat Dressing/Dip  
 Fresh Veggies - Carrots, Broccoli, Cucumber, Cauliflower, Celery, OR Tomatoes  
 Fresh Fruit - Apple, Orange, Banana, Cantaloupe, Grapes, OR Pear  
 Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
			1st	2nd
			No School	No School
5th	6th	7th	8th	9th
Beef & Bean Chili Corn Muffin Salad, Veggies, Fruit, Milk ALT - Three Bean Chili	BBQ Chicken Leg Calico Beans & Roll Salad, Veggies, Fruit, Milk ALT - Egg & Cheese Biscuit	Beef Stroganoff w/ Egg Noodles Salad, Veggies, Fruit, Milk ALT - Tofu Stroganoff	Chicken Chowmein Asian Rice Salad, Veggies, Fruit, Milk ALT - Mock Tuna Wrap	Multi-Cheese Bagel Melt Potato Salad Salad, Veggies, Fruit, Milk ALT - Same
12th	13th	14th	15th	16th
Chicken Alfredo Garlic Toast Salad, Veggies, Fruit, Milk ALT - Cheese Alfredo	Cheesy Breadsticks w/ Marinara Sauce Salad, Veggies, Fruit, Milk ALT - Same	Philly Cheese Steak Roasted Potatoes Salad, Veggies, Fruit, Milk ALT - Dijon Mock Tuna Sub	Chicken & Cheese Burrito Refried Beans Salad, Veggies, Fruit, Milk ALT - Cheese Burrito	Vegetable Beef Stew Southern Biscuit Salad, Veggies, Fruit, Milk ALT - Vegetable Stew
19th	20th	21st	22nd	23rd
No School	Beef Gyro Rice Pilaf Salad, Veggies, Fruit, Milk ALT - Hummus w/ Pita	White Chicken Chili Corn Muffin Salad, Veggies, Fruit, Milk ALT - Egg Salad Hoagie	Mac & Cheese Garlic Breadstick Salad, Veggies, Fruit, Milk ALT - Same	Italian Chicken Sandwich Potato Wedges Salad, Veggies, Fruit, Milk ALT - Italian Cheese Sandwich
26th	27th	28th	29th	30th
Beef Chop Suey Steamed Rice Salad, Veggies, Fruit, Milk ALT - Tofu Chop Suey	Turkey & Cheese Melt Potato Salad Salad, Veggies, Fruit, Milk ALT - Mock Tuna Croissant	Italian Pasta & Meatsauce French Bread Salad, Veggies, Fruit, Milk ALT - Cheese Mostacolli	Chicken Santa Fe Wrap Pinto Beans Salad, Veggies, Fruit, Milk ALT - Cheese Santa Fe Wrap	No School

### BREAKFAST

**Price: Student - \$2.00**

**SERVED DAILY AT EVERY MEAL**

Fruit Juice - Apple, Orange, or Grape  
 Variety of Milk, including Skim

Breakfast Bread Hard Boiled Egg Fruit, Juice, Milk	Fruit Yogurt w/ Granola Fruit, Juice, Milk	Whole Grain Bagel PB & Cream Cheese Fruit, Juice, Milk	Assorted Muffins Fruit Yogurt Fruit, Juice, Milk	Breakfast Cereal String Cheese Fruit, Juice, Milk
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**MENUS SUBJECT TO INFREQUENT CHANGE  
 BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

The USDA is an equal opportunity provider and employer.

**Our Commitment**

**“Healthy Food, Healthy Message”**

We provide wholesome, delicious, real food that helps teach the right message to children

**ANY QUESTIONS? CONTACT:**

School Office @ 763-971-8200 or  
 DONE RIGHT FOOD @ 763-789-4493 or  
[www.donerightfood.com](http://www.donerightfood.com)